

Samstag

33. Jahnsportfest
Zeitplan

Zeit	MJU 10	MJU 12	MJU 14	Zeit	WJU10	WJU12	WJU14	7-Kampf alle AK
10:00	4x50m		Hoch	10:00	Weit 1/2		Speer	
10:10		4x50m		10:10				
10:20				10:20	4x50m			
10:30				10:30		4x50m		
10:40				10:40				
10:50				10:50				
11:00	Ball 2	Hoch		11:00	Ball 1	Weit 1/2		100m HÜ
11:10				11:10				80m Hü
11:20				11:20			60m Hü	
11:30			60m HÜ	11:30				
11:40				11:40				
11:50				11:50				
12:00	50mVL		Speer	12:00		Ball 1/2	Weit 1/2	Hoch
12:10				12:10				
12:20		50m VL		12:20				
12:30				12:30				
12:40				12:40	50m VL			
12:50				12:50				
13:00	Weit 1	Weit 2		13:00		50mVL	Hoch	
13:10				13:10				
13:20			75m VL	13:20				
13:30				13:30				Kugel
13:40				13:40			75m VL	
13:50				13:50				
14:00	50m F			14:00		Hoch		
14:10		50m F		14:10				
14:20				14:20	50m F			
14:30		Ball 1/2	Weit 2	14:30		50m F	Kugel	
14:40			75m F	14:40				
14:50				14:50			75m F	
15:00				15:00				100m
15:10				15:10				200m
15:20			4x75m	15:20				
15:30	800m	800m	Kugel	15:30			4x75m	
15:40				15:40	800m	800m		
15:50				15:50				
16:00			800m	16:00			800m	